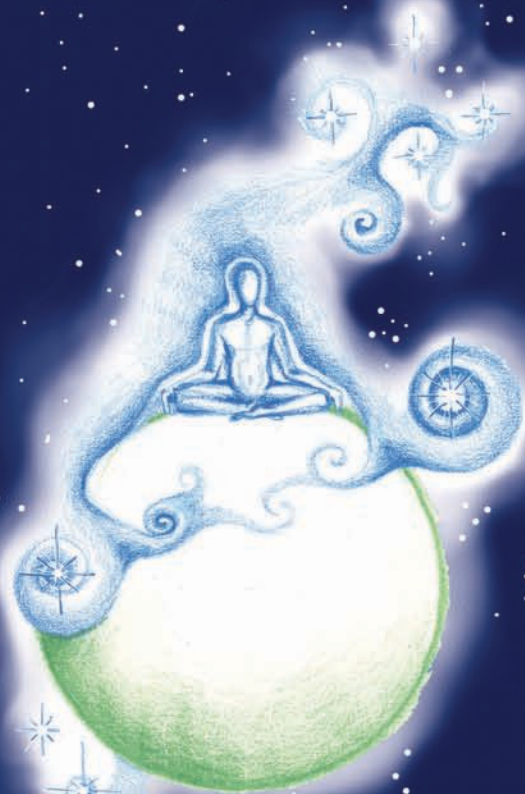


Manifestation

Creating the life you love



Card deck and Manual
David Spangler

Illustrations by Deva Berg

Manifestation

Creating the life you love

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Issaquah, WA 98027
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Edited by Julia Spangler and Jeremy Berg

Cover art and illustrations by Deva Berg

Published by: The Lorian Association
PO Box 1368
Issaquah, WA 98027

ISBN 0-936878-12-6

Spangler, David
Manifestation: Creating the life you love /
David Spangler

Library of Congress Control Number: 2004099424

First Edition: December 2004

Printed in the United States of America

0 9 8 7 6 5 4 3 2 1

www.lorian.org

Acknowledgements

This Manifestation Deck began as an exercise in a workshop I was teaching on manifestation. I gave the participants blank 3 X 5 cards and a list of words to write on them. Then we used those cards both to create images of what each person wished to manifest and to attune to what steps they might take to support their manifestations. The basic card mechanics I introduced that day remain essentially the same, but the cards themselves have gone through a rich evolution in the months since.

This evolution has definitely been a collective project. Many people have contributed to it. I particularly want to acknowledge Jeremy Berg, who really inhabited the concept and potential of these cards from the beginning, encouraged me to pursue their development, and discussed every card with me (including some that did not make it into the deck) along the way. He even road-tested earlier versions of the deck in workshops he taught (and he is an excellent teacher). He truly shepherded this project into the form you now have, and it is filled with his love and enthusiasm.

Of equal importance was Deva Berg, Jeremy's daughter. She gave unstintingly of her time and energy in the midst of a busy professional life to create the illustrations for the cards. She had the uncanny knack of taking a few ideas I shared with her over the phone and turning them into the pure gold of inspired imagery. She truly made the deck come alive. The evocative power of the cards, so vital in a deck of this nature, is due to her artistry and skill, as well as her own considerable attunement to the spirit behind this process.

I want to acknowledge the many friends and the participants in my online and face-to-face manifestation workshops who took the concept of these cards, made their own decks, and in effect playtested them, giving me valuable feedback. You are too many to name personally in the space I have here, but you each know who you are.

This deck would not exist without you either! Thank you.

However, I would like to single out for appreciation my oldest son, John-Michael, who took the cards in an earlier version and worked with them, giving me very helpful insights from a younger person's point of view at a time when I was stuck and really needed that help.

And last, but never least, I would like to thank my most wonderful manifestation, my wife Julie who used her considerable editorial skills to give this manual greater clarity than it would have had otherwise. Thank you, sweetheart!

Thank you, one and all, everyone who participated. You are manifestors supreme!

And thank YOU, dear Reader, for buying this Deck and making it your own. May all your manifestations dance gracefully from your dreams into your lives.

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Chapter One:

Manifestation

At one time or another we all want something. It might be a toaster, a car, a job, peace of mind, a change of lifestyle, or a new friend.

There are many ways of going about getting what we want. We can earn it. We can buy it. We can make it. We can find it.

Sometimes—probably most times—the way to get what we want is obvious. If we want that new toaster, we can go to a kitchen shop and buy one. But sometimes it is not obvious. Maybe we don't have the money for a toaster, or maybe there's no place where we live that sells them.

At that point we might give up. Or we might realize that there are other resources we can draw on than just the usual financial or physical ones. These are resources of imagination, thought, feeling, and spirit. They are the resources of manifestation.

Manifestation can be thought of as getting what you want when you don't know how you're going to get it. It is a process that works with an invisible, underlying order of interconnectedness in the world around us.

The Manifestation Deck and this Manual are designed to help you access this deeper order and work with principles of manifestation.

The Manifestation Deck won't tell you if you should get a new job, move to a new location, or find a new friend. The Manifestation Deck can have oracular results, but that is not its primary intent. The cards are not masters of your life. They cannot tell you what to do. They can only suggest. The creative decisions are yours. You are the responsible person. You are the one with the creative power to shape your life. The Manifestation Deck is a tool to access that power.

Synchronicity

Manifestation is the art of making something visible and tangible. In ordinary ways, you do it every day. When you get up in the morning, you manifest a cup of coffee by brewing it. So that you can have toast with your coffee, you manifest a new toaster by going to a store and buying it. You manifest the money for your toaster by working for it. You manifest a friend to share coffee and toast with you by being friendly and inviting.

But sometimes something you would like to have or a person you would like to meet appears in your life in extraordinary ways, through seeming coincidence or, to use a word from psychology and physics, through synchronicity. A friend of mine wanted to buy some special bells for her mother for her birthday but extensive searching had failed to turn up any store that carried these rare items. One day she was calling a friend on the phone and was surprised to hear an unfamiliar voice at the other end announcing that she had reached a gift shop. The name of the shop was unknown to her, but on a hunch, she asked the clerk if they happened to carry the brand of bells she was looking for. "Why, yes," said the clerk. "It just so happens we just started stocking them. In fact, I think we're the only store in the area that does!"

In the parlance of this book, my friend "manifested" the bells. She didn't plan to dial a wrong number, and even if she had, how would she have known just which wrong number to dial to get a gift shop that was totally unknown to her? But my friend's focus upon these bells and her intense desire to acquire them for her mother activated a deeper level of organization and interconnectedness underlying the surface world where we usually conduct our affairs. A seemingly magical process was set into motion that brought her and the bells together in a way she could not have expected.

This kind of manifestation has a sense of wonder about it. When it happens, you may feel expansive, as if boundaries have fallen away and you now stand in some vast unobstructed open space in which all things are possible. There is a sense of

effortlessness about it. In that moment you are touching a creative presence we all have within us.

The very nature of such synchronistic occurrences, though, seems to put them outside your control. They are like acts of God: blessings and miracles over which you have little power of manipulation. You cannot make them happen in the same way you can bake a loaf of bread or buy a toaster or work at a job to earn a living. How do you create a coincidence in your life?

Yet there are people whose lives seem filled with such synchronicities. Are they special in some way, favored by the gods and blessed by life?

No. Though such synchronicities seem to be magical and miraculous, they actually obey principles, which can be learned. The Manifestation Deck you now own is based on those principles.

How Does Manifestation Work?

Frankly, I don't know. At least I don't know the mechanics of it in the same way that I know how an electrical light works, how a car works or how photosynthesis works. This is why I think of manifestation as a creative art rather than as a science or an engineering project. The basic principle, though, is that manifestation works because the universe is structured holistically to promote it. Everything is connected to everything else, at a level of energy if not at a level of matter. There is an impulse towards coherency, wholeness and organization, in short towards synchronicity. It is the operation of this impulse that enables manifestation. Indeed, I call manifestation the art of crafting synchronicities.

But it is also an art of crafting your self and the "shape" of your life. Manifestation is not just something you do. It is something you are, as well. It is an expression of your presence.

In the martial arts, an individual goes within and mentally, emotionally, spiritually, and physically gathers the chi that always flows in and around him. Then he focuses it in an appropriate manner through his body. The power of chi flowing through the arm

and into the hand can shatter a brick or a stack of boards. Flowing into the body, it can make a person so heavy that the strongest man can hardly lift him or so light that a child can pick him up with just a few fingers.

Manifestation is much the same. It is a matter of gathering what might be called your “incarnational chi,” your mental, emotional, spiritual, and physical vitality and presence, and focusing it in a particular way within you. Then it is a matter of practicing an intuitive awareness of how to extend that focus into your world the way a martial artist uses his chi to extend his awareness into world around him during a duel. Manifestation requires the same kind of sensitivity.

Chapter Two:

The Manifestation Deck

The Manifestation Deck has fifty-five cards and is designed to support both the gathering and focusing of your “incarnational chi” and your intuitive awareness of and connection with the manifestation process as it unfolds.

For this purpose, it is divided into two decks which interact with each other but which can be used separately as well. The Presence Deck, consisting of fifteen cards, and the Synchronicity Deck, which has forty cards, are used quite differently, but together they constitute a technique for manifestation.

The Presence Cards

Presence is the influence generated when you are most attuned to your self and to the world around you. It is you being fully present in your mind, feelings, body, and spirit. It is the fullest expression of your “incarnational chi,” the flow of force emanating from your essential being that is constantly participating in shaping the world you live in.

Presence is at the heart of the Manifestation Deck. First, there is your own presence to consider and invoke. Then there is the presence of that which you wish to manifest. Third, there is the presence that emerges from the relationship between you. I call this your Manifestation Presence. Fourth, there is the presence of the cosmos around you to which your Manifestation Presence can attune. Holding and blending these states in a co-creative way is your manifestation process. It’s what stimulates and guides the deeper level of synchronistic organization and resonance within the world.

The Presence Cards are designed to lead you into your Manifestation Presence. They do so by guiding you in a specific

process of meditation and attunement.

There are fifteen Presence Cards. They represent fifteen steps in this process of attunement. Think of them as evocative visual aids. To use them, you lay them down one at a time in sequence, attuning to the inner quality or energy each card represents. There are six distinct stages in this process, each of which is highlighted visually by how you lay out the cards.

It is very important in using these cards to take time to attune to each one as you go along. You want to feel what it means to you and what it evokes in you. That is the purpose of these cards, to guide you through a meditative process of attunement and focusing. You do not read them as you might read Tarot cards, looking for symbolic meanings. That is the function of the Synchronicity Deck.

The purpose of this meditation and attunement is to build a felt sense in you of who you will be when your manifestation succeeds. I call this your Manifestation Presence. All manifestation may be seen as a process of incarnation rather than of attraction. You are a seed unfolding rather than a magnet attracting. Manifestation is a process of becoming. Literally, it is becoming the person whom you will be when the manifestation succeeds.

So if you are wishing to manifest an object, what “New You” or new version of yourself emerges when you have that object? Who do you become? It is the same if you are seeking to manifest a relationship, a new job, a state of mind, better health, and so on. Who do you become if you have that new relationship, the new job, the desired state of mind, or better health? What kind of presence do you embody when your manifestation succeeds?

In short, you are really using synchronicity and your own inner creative power to manifest a new version of yourself.

The Presence Cards and Incarnational Spirituality

Using the Presence Cards is essentially performing a meditation that progresses by six stages. These six stages, and the layout they form, are for clarity of presentation and to highlight the different shifts of focus that take place within the overall meditative process itself. However, you will find as you become familiar with the cards and what they represent—and particularly as you master your attunement to the felt sense that comes with each card and with this creative process as a whole—that it is a seamless flow from beginning to end

You should make this process a part of you. It loses power if you think of it only as a recipe. Once you have a felt sense of what you are doing and how you are shaping your own incarnational presence through your imagination, love, will, connectedness, and wholeness, you may find yourself adapting this process in ways that work better for you. Make the cards your friends. Reflect on what each one means to you apart from the manifestation process. Then whenever you use them, you will find yourself moving quickly into the felt sense of your Manifestation Presence.

Indeed, you can use these cards apart from any process of manifestation just as a way of attuning to your own overall creative nature. These cards are expressions of an incarnational spirituality that affirms you as a participant and co-creator in a living, emerging universe. This perspective takes the usual idea of manifestation as visualization and positive thinking and deepens it into fundamental levels of connectedness and relationship that bring wholeness and power into your world. The purpose of this exercise is not just to manifest specific situations, conditions, relationships, or items but also to manifest the depths and power of your own incarnation as a sovereign participant in a co-creative universe.

It's my hope, therefore, that using these cards will inspire you to go further in considering your own innate incarnational spirituality

and the wondrous capacities that go with it. Understanding this spirit within you and the sovereignty and creativity it offers benefits you in all areas of your life, not just in manifestation.

The Six Stages

1. The first stage is deciding what it is you wish to manifest. Generally speaking, your manifestation will fall into one of four categories, though there certainly can be overlap between them.

It can be an object, such as a toaster or a new car;

It can be a relationship, such as a new friend or a potential mate;

It can be a situation, such as a new job;

It can be a condition, such as a state of mind, health, or inner peace.

It is up to you to determine just what you want and what category or categories it may fall within. The more specific and clear you can be, the easier you will find it to evoke the Manifestation Presence.

For example, you might want to manifest a career as a successful published writer, which is both a situation (being published) and a condition (skill at writing). You may wish to manifest a computer with a good word processor and a printer (which are objects) in order to do your work as a writer. Finally, you may wish to manifest a good agent and an editor, which are relationships.

You can attempt multiple or complex manifestations all at once, such as in this example. Manifesting yourself as a published writer, for instance, can mean manifesting all the contributing conditions, situations, objects, and relationships that will support this “new you.” Or you can break these down into separate manifestations. First manifest your capacity as a writer. Then manifest whatever objects might support that (a computer, a quiet

room to work in, and so on). Then manifest the relationships you need (agent, publisher, editor). Finally manifest the situation of your first book being published and being a success.

One of the most common items of manifestation is money or wealth. This is a special case, which I discuss later in this book.

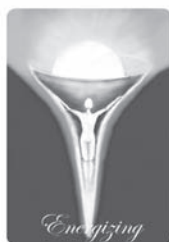
2. The second stage is attuning to your personal presence. It uses the following four cards, called “Hallow Cards”



Standing



Holding



Energizing



Co-Creating

A Hallow is a primal sacred element, like a foundation stone, that supports the existence of something else. I call these the “Hallow Cards” since each one represents a fundamental capacity that enables us to be who we are.

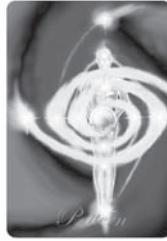
This is the stage at which you invoke and focus your “incarnational chi,” the creative, shaping power that arises from your most essential Self.

Take time to attune to each of these cards as you place them one at a time in a line that will be the foundation for your overall layout.

3. The third stage is attuning to the presence of that which you wish to manifest. This stage uses the following three cards:



Form



Pattern



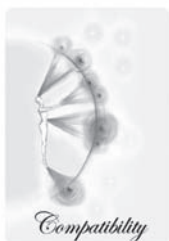
Heart

These cards represent the physical, relational, and spiritual dimensions of that which you wish to manifest and the pattern of your own life. They answer the questions, “What does it look like? What connections does it already have with the world around it? What is its essence?” From the interactions between these three a dynamic, evocative image emerges.

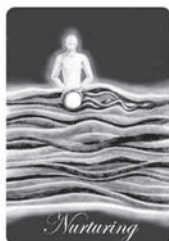
These cards are laid down one at a time in a stack two card lengths above the Hallow cards, with Form at the bottom, Pattern in the middle, and Heart on top. Attune to each card separately as you lay it down, going into the felt sense of what it represents.

When all three cards are in a stack, attune to the whole image, character and presence of your manifestation object as created by its form, its connective and relational patterns, and its heart and spirit. This is a key part of the process. It is attuning to the holistic nature of what you want to manifest. You don’t manifest just one part of this nature, you manifest all of it. So it’s important not to concentrate only on its form or only on its essence or its relationships; you want to focus upon the synthesis of all of these. That is where you will find the felt sense of the presence of that which you wish to manifest. It is that felt sense, that presence, that you will work with in the next step.

4. The fourth stage is invoking the Manifestation Presence. You do this by considering how the presence of your manifestation objective unites with your own presence and comes alive within you as a new expression of yourself. What relationship do you form with what you are manifesting? What presence—what new embodiment of yourself—emerges from that relationship. This stage uses the following three cards:



Compatibility



Nurturing



The New You

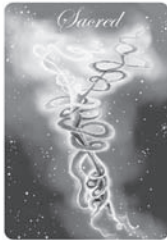
Through this stage you are affirming that manifestation is as much an act of becoming as of attraction. The felt sense of the Manifestation Presence that comes from this stage is what you will become. You are manifesting a new shape to your life, a new incarnation of yourself.

These cards are laid down one at a time on top of the stack you started in Step 3, with the Compatibility Card going on top of the Heart Card, then the Nurturing Card, and finally the New You card on top. This creates a Manifestation Presence Stack. Again, attune fully to each of these cards as you lay them down.

When you are done, you will have a stack of six cards with the New You card on top. Who is this New You which emerges from the blending of your own presence (represented by the Hallow Cards), the presence of your manifestation object, and the relationship between the two (as represented by the Compatibility and Nurturing cards)? What is the felt sense of this New You that you are shaping and invoking through this process? What is the

energy that this Stack represents? What is the presence that emerges? Take time to attune to this, letting it come alive in your imagination. What does it feel like in your mind, your heart, your body? This felt sense is your Manifestation Presence. It is what you are seeking to embody and inhabit in a way that shapes your energy to invoke the synchronicities that will manifest your objective.

5. The fifth stage is attuning to four Creative Impulses. Here you are blending with the presence of the larger world around you, aligning with the supportive energies represented by these Impulses, so that they can empower your manifestation. This stage is represented by the following four cards:



Incarnation

Sacred

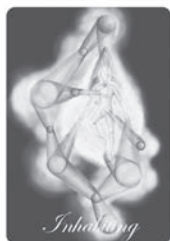
Coherency

Synchronicity

If you think of your Manifestation Presence as a seed, then these Creative Impulses represent the soil in which you plant it.

These four cards are laid out one at a time around the Manifestation Presence Stack in each of the four cardinal directions, Incarnation to the north or above the Stack, Sacred to the east or right of the Stack, Coherency to the south or bottom of the Stack, and Synchronicity to the west or left of the of the Stack. Again, be sure to attune to each of them separately as you lay out the cards.

6. Finally, the last stage is “Inhabiting.” It is represented by a single card of the same name.



Inhabiting

In this stage, you are entering into and taking on the energy you have invoked by blending the four presences of yourself, your manifestation object, the Manifestation Presence and the Creative Impulses within the world. This card represents what you will do to turn your manifestation process from an inward, reflective, abstract condition into an outer expression of resonance and coherency that can express as synchronicities in your life until your objective is met. In the example of my friend and the bells, going out to visit various gift shops that sold bells was one way she inhabited her process.

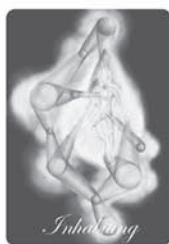
When playing this card, consider what steps you might already take to further your manifestation. Consider ways you might heighten its probability. How might you embody the “New You” already. For example, if you are seeking to manifest a new relationship and you have a sense of who you would be and how you would feel because of this new relationship, then can you be that person inwardly while going about your daily activities now?

In trying to embody the characteristics or qualities of your “New You,” however, you need to maintain a link between your New You and your current reality. You want to keep in touch with both. If you shift into a fantasy of your new you and lose contact with who you are now, the energy of your manifestation becomes dispersed and less grounded. Coherency is lost. Inhabiting is about positively embodying your future but also keeping honor and

balance with your present.

The Inhabiting Card is attuned to and laid out above the topmost Creative Impulse card that of "Incarnation".

The Entire Layout



Chapter Three:

Using the Presence Cards

Here are three examples of using the Presence Deck. Unlike the cards in a tarot deck or some other oracular device, Presence Cards are important not so much for their individual card meanings but for what they evoke and stimulate in you as a felt sense as visual aids in a process of meditation and attunement. Therefore, in this book I do not attempt to define each card individually. Instead, I present their meanings and uses in a narrative format that I hope will convey how you may interact with them to create your own Manifestation Presence.

Stage One: Stating the objective of your manifestation

John wants to manifest a car. He needs transportation to get around his town, to go shopping and to get to work. He doesn't have a lot of money, so he is looking for a good used car.

Susan wants to manifest a new job. She is feeling stymied in her current employment and suspects her company is preparing for another round of downsizing. She knows she could be laid off if that happens, in spite of the fact that she is currently supervising a long-term project at work.. She wants to be proactive about shaping her career rather than reacting to becoming unemployed.

Kevin wants to manifest a relationship. He's tired of being a bachelor and feels he's ready to start a family. He would like to find a woman who would be a good wife and for whom he would be a good husband.

Being clear about what they want, they all turn to their Manifestation Deck!

The Presence Cards are not shuffled. They are laid out in a strict order following the sequence of an imaginative, reflective and evocatory meditation.

Stage Two: Attuning to Personal Presence

The first stage in this process is to affirm and attune to your individual presence and creative power.



STANDING: The capacity and power of focus, sovereignty, uniqueness, Self, and will.

This is the first of the Hallow Cards. Laying it down, John, Susan, and Kevin each in his or her own way reflects on the power of their individuality as symbolized by the power to stand as a unique, individualized, sovereign person.

This card represents their integrity and their capacity to focus energy upon an objective. It represents their power of will and their capacity to initiate a project. They each reflect on this integrity and focus and upon the strength that comes from these qualities. They begin to tune in to the felt sense of their individual presences. When each feels he or she has touched into this felt sense, they each lay down this card.



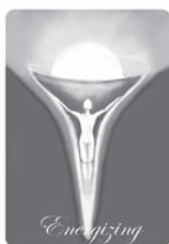
HOLDING: The capacity and power to set boundaries, to create an open space, to support an action, to persist as necessary, to maintain integrity, and to love.

This is the second of the Hallow Cards. Now John, Kevin and Susan each consider their power to define boundaries and create an inner space in which they can hold their different manifestation projects.

Holding is a capacity to empower and support something's or someone's development. It also is a capacity to discriminate, to set defining

boundaries, and to hold a process together, giving it particularity and coherency.

As an expression of love, it is the broadening of the focus of standing allowing one's unique individuality to support the existence and wellbeing of others as well. It is an understanding that we each live in this world not only for our own benefit but to hold common spaces in which we all can thrive. Susan, John and Kevin each attune to their power to create such a space and to be a contributor to the wholeness of their world. When each feels he or she has touched into the felt sense of this power as it arises from their sovereignty and uniqueness, they each lay down this card next to the Standing Card.



ENERGIZING: The capacity and power to be a source, to be generative, to contribute, to offer unique gifts, to supply energy, to empower, and to nourish.

This is the third of the Hallow Cards. It represents the individual's power to be a source of energy, like a sun.

Each individual life is like a bowl in which such an inner source can be held and developed. It is the power to give, to share, and to energize. It is the power to contribute. Tuning into this source in themselves, Kevin, Susan and John each experience a radiance within. They experience their individual capacity to bring mental, emotional, physical, and spiritual energy into their world. From the power of their sovereignty and their capacity to create open, holding spaces around themselves comes this capacity to be a source that can bring energy and abundance to others. As they attune to this

capacity, the felt sense of their creative presence continues to grow in them. This card is placed next to the Holding card in line with the other two cards. It is time for the last card.



CO-CREATING: The capacity and power to participate with others, to collaborate and cooperate, to share, to create community and connectedness, to co-create.

This is the last of the Hallow Cards. It represents the individual's power to co-create with others, to participate, to build community through a sharing of sovereignty. It is the capacity to build relationships that foster emergence, the appearance of possibilities and manifestations that no one person could have done on his or her own.

Having attuned to their power to focus, to hold, and to energize, Susan, Kevin and John now attune to their power to extend themselves cooperatively and co-creatively into the world, laying this final card next to the Energizing Card to complete the foundation of the Hallows.

For John, this is the first time he has used the Manifestation Deck. He is not as familiar as the others with doing a meditative practice, so he takes his time, spending several minutes with each card to deeply attune to what it means to him.

Kevin has used the deck several times before; he lays the cards down swiftly but still mindfully, using each card to remind him of the felt sense of his own creative presence. For him, entering into that felt sense comes quickly because of his prior experience.

Susan has also used the deck before and could go quickly through the process of attuning to her creative presence. But she enjoys this experience. So she takes her time with it.

For each of them, this first stage is one of using the cards to gain a felt sense of their personal creative identity and power, which is the foundation for their manifestation work. It is the attunement to and the focusing of their “incarnational chi” in preparation for the next steps in the process.

Stage Three: Attuning to the Presence of the Object of Manifestation

In this Stage, Kevin, Susan and John each lay out the three cards one by one in a stack. Just as Stage Two is an attunement to their innate individual presence, so in this Stage, they each attune to the presence of that which they wish to manifest as a part of their lives.



FORM: What your manifestation object looks like.

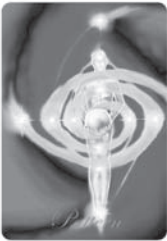
As they lay down this card, each of them thinks as clearly and fully as possible of the form of that which they wish to manifest. What does their manifestation object look like to them?

Susan thinks of the new job she would like. She knows the kinds of things she does well and the salary and benefits that would be appropriate compensation for her work. She knows the kinds of responsibilities she is ready to engage and the contribution she wishes to make. She knows the overall shape and feel of what she’s looking for.

Kevin has an image of his ideal mate. He

knows the type of woman to whom he is attracted. At the same time, he knows that her physical appearance is only part of her overall “form.” Of equal if not more importance are the qualities he wishes her to bring to the relationship he seeks. In determining the form of his manifestation, he pictures the elements of this relationship: the sharing of interests, having similar goals in life, a common love for children, and so forth.

John loves the environment and is concerned about such things as pollution and waste of resources. He doesn’t care what the car he wishes to manifest looks like. For him, the car he wishes must be economical and environmentally friendly. That is its form.



PATTERN: The relationships and connections your manifestation object already has. Nothing exists in a vacuum but in relationship to something else; when you manifest, you manifest these relationships as well.

Having an idea of the form of their manifestation, John, Kevin and Susan lay out the next card. This one asks them to think of the pattern of connections that forms around that which they wish to manifest. They may not know specifically what elements form that pattern, but they realize that they are not just manifesting a single item or condition. They are manifesting a whole system of interconnections that will enter their lives.

For Susan, the pattern of her new job includes the environment in which she would be working. She might need to move if the right job manifests for her. She also knows that the job will bring

new co-workers and colleagues into her life. Is she ready for these changes?

For John, the pattern of his desired car includes the need for insurance and licensing, for having a place to park and keep his car, and for regular maintenance and upkeep. Owning a car means more finances are needed than just the purchase price. It means taking on new responsibilities, as well as having increased mobility. How willing is he to do this?

Kevin realizes that the pattern of the relationship he is seeking includes potentially bringing an unknown number of new strangers into his life. After all, the woman he would like to manifest will have parents, possibly siblings, and her own friends. Likewise, she will come with her own lifestyle, habits, visions, dreams, and needs. Is there room in his life for all these new relationships?

In each case, these three individuals realize that the image of that which they wish to manifest is more than just its form. It also includes all the connections that they will bring into their lives and the consequences that result.



HEART: The essence, spirit, or meaning of your manifestation object.

When they lay down the next card, it reminds them that beyond the form and patterns of their manifestation objects, there is an essence: the heart of that which they wish to manifest.

For Kevin, the heart of the relationship he desires is love and a willingness to give and take, to learn, to grow, to give and to receive: all the intangible elements that go into a good

relationship. There is also the spirit or heart of the woman herself. What kind of resonance is he looking for at a deeper level than just appearance or connections? It could be that his ideal mate may look nothing at all like he might expect and may not share his interests or have other qualities he is looking for. But there would be an inner connection, a soul resonance that would truly be what he needs. Can he see deeply enough into himself, deeply enough into the heart of the relationship he seeks to have a felt sense of what that resonance might be? What really is he looking for?

For Susan, the heart of what she is looking for in a job is the chance to make a contribution, to be productive and valuable in her work. The nature of the job is important, but even more important is the chance to grow in her work and feel she is making a difference. If a prospective job offers her that, she will know it is the one, even if the working environment, her responsibilities, and her co-workers are different than she had imagined.

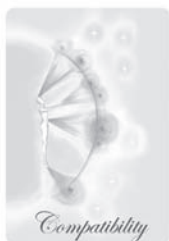
John realizes that the heart of the manifestation for him is simply transportation. The more he meditates on this, the more he realizes that what he wants is the mobility to do what he needs to do around town in a way that honors his own values and integrity.

With these three cards, each of these individuals has built up a powerful image of what he or she is seeking to manifest. They have sought to attune to it as a form, as a set of relationships, and as an essence or spirit, bringing into play their own physical, relational and spiritual dimensions in forming this image. All this is to help them have

a multilayered image—a deep felt sense.

Now it's time to see how that which they wish to manifest actually connects to them, for the presence of their manifestation is not just the object, relationship, situation, or condition itself but how it becomes part of them—part of their incarnations—and lives in their lives.

Stage Four: Attuning to your Manifestation Presence



COMPATIBILITY: The connections and congruity you naturally have with your manifestation object, hence the probability or ease with which it can become part of your life. This compatibility is both with your personality level and your everyday life, but also with your higher self, your spiritual values, your integrity and your wholeness.

This card asks Susan, Kevin, and John to look at how compatible they are with what they seek to manifest. What natural connections already exist? How congruent are their lives with their manifestation images? The higher the compatibility and congruence, the more natural the resonance, the more channels there are already in their lives for synchronicity and manifestation to occur. Are they swimming with or against the current in their lives to bring this manifestation about? Will success in this manifestation compromise their deeper values, their growth, their spiritual unfoldment and integrity?

John discovers he is really not compatible with the idea of owning a car. To own a car means buying and burning fossil fuels, supporting the auto and tire industry, and adding to the

growing traffic in a town that is already looking to sacrifice more land to build more roads and parking spaces. He knows from attuning to the heart of his manifestation that what he really wants is simply transportation. It occurs to him that his needs could be adequately met with a bicycle (which would have the added advantage of keeping him fit and healthy) and using buses when necessary. This would also fit more easily within his budget.

At this point John realizes that his lack of compatibility reduces the probability that his manifestation project will succeed. There is no resonance between himself and a car. He decides he does not need to continue with this manifestation project. He puts the Manifestation Deck away for some other time and goes to check the want ads for a bicycle for sale.

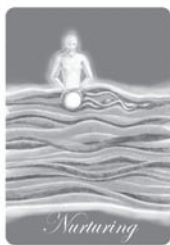
Kevin is at a time in his life when he is ready to enter a committed relationship, settle down, and start a family. His timing is compatible with his manifestation project. He feels connected to the idea of becoming a husband and a father. Although he knows it will have its challenges and that he will need to change, he feels right about this step at a deep level. "Bring her on," he says to himself! His sense of compatibility and connectedness with a committed relationship heightens the probability he will succeed, for his own energy and the current pattern of his life will not work against his desire.

Susan also feels compatible with the idea of a job change. She is ready to take a step. She is a good worker and feels confident she can connect with a new place of employment and with new

co-workers. The kind of job she is envisioning is connected to her current skills and talents. It's a stretch for her but not too large a one where she might feel out of her depth and unable to connect with what is required of her. She's not seeking a type or level of employment with which her experience and training would not be compatible at the moment. She is confident in the step she is contemplating.

On the other hand, she is also committed to doing a good job where she's currently employed. The project she is involved with is very demanding of her time even if it doesn't give her much opportunity for creativity or advancement in the company. Her responsibilities there represent connections that are not compatible with taking time to find a new job. She is in the midst of unfinished business that could affect the timing and probability of her manifestation. She needs to be aware of this potential conflict.

Time for the next card.



NURTURING: what you will do or give to benefit that which you wish to manifest; how will you enable it to fulfill its unique nature?

This card asks Susan and Kevin to reflect on what they will bring to the conditions they seek to manifest. How will they nurture its needs and wellbeing? If the manifestation is seen as a partnership in the making, what are they willing to contribute to their prospective partner? Here, to paraphrase President Kennedy, they need to ask not what their manifestation can bring to them, but what they can bring to it.

Susan commits to nurturing the quality of

the working environment that she will find in her new job and also to nurturing the productivity and wellbeing of her co-workers. She obviously wants to advance in her own career, but this card asks that she see her new job not just as a stepping stone or as a way out of a situation in which she is unhappy and at risk. It asks her to determine how she will take the energy of the new job—its form, pattern, and heart—into herself and make it better than it was before it became part of her life. The job she seeks has a reason for being, an objective it's trying to fulfill as part of a business. This card asks her to commit to supporting and nurturing that objective as well as her own.

Attuning to her own presence and her power to hold, energize and co-create, Susan feels that she can do this. She determines that whatever job she takes, it and everyone involved with it will be the better for her presence.

The same is true for Kevin. He knows that to build a good, co-creative, committed relationship, he needs to serve his partner's needs and wellbeing as well as expecting her to serve his own. He must nurture the relationship as well as receive from it. After all, to "husband" means to nurture. This card reminds him that he is not just trying to attract someone to meet his needs. He is taking on a partnership to which he must give freely and willingly to nurture its growth.

The essence of this card is love. It asks Kevin and Susan to see how they can love that which they wish to manifest, not just because it meets a need in them but in service to its fulfillment and nature as well,



NEW YOU: The image and felt sense of who you will be if your manifestation succeeds and your manifestation object becomes part of your life. This is the essence of your Manifestation Project.

At this point, Kevin and Susan have attuned to the qualities of their manifestation objects, as represented by the Form, Pattern and Heart cards. They have also explored how they connect to these objectives through compatibility and nurturing. There is one further step. This card asks that they consider who they will become when their manifestation succeeds. Who is the new person that will result? What is the felt sense of this “New You”? This is the presence they will be manifesting. Kevin is not just trying to attract a wife, nor is Susan simply trying to attract a new job. They are each seeking to take a new step in their lives and growth as individuals. They are each seeking to take a further step in their incarnations. In a deep and powerful way, they are manifesting themselves.

Of course, there is much about their “New You” that they will not know until their manifestations succeed. Kevin won’t really know all about being a husband until he is married, and even then it’s only the start in a life-long journey of discovery, growth, and learning. And Susan won’t fully know who she is in her new job until she is actually doing it.

But each of them can use their powers of imagination, fantasy, daydreaming, visualization, and attunement to put themselves into their future selves—the selves they will become as a result of their manifestations—and seek to feel deeply what that will be like.

In this process, each of them will come to a felt sense of their own “New You,” which will be the heart and soul of the Seed Image for their manifestation project.

At this point, Susan and Kevin have a stack of six Presence Cards in front of them with the “New You” card on top. This is the Manifestation Presence Stack or simply the Stack.

Stage Five: Attuning to the Creative Presence of the World around You

This is the stage of heightening resonance. The universe is structured to promote manifestation. It is energized by an impulse towards coherency, wholeness, and organization. Attuning to this impulse is to link one’s own “incarnational chi” with the “incarnational chi” of creation itself.

Four Presence Cards represent different aspects of this creative, organizational impulse. They are the Creative Impulse Cards. If Kevin and Susan can each align and attune to these qualities and forces, they will bring their personal efforts into synchronization with the flow of the universe. From such synchronization comes synchronicity.

In Stage One, Kevin and Susan attuned to their own individual presences. In this stage, they attune to the Presence of creation itself.

These four Creative Impulse Cards are laid down one at a time on each of the four cardinal points—East, South, West, and North—around the Stack. Normally, they are laid down in this sequence: Incarnation, Sacred, Coherency, and Synchronicity.



INCARNATION: This card represents the force that enables the unmanifest to become the manifest. It represents the Will-to-Be and the Will-to-Become within the cosmos. It is the power of emergence, evolution, and unfoldment. It is the power through which each person becomes a sovereign individual and fulfills the promise that that sovereignty holds. This is the power behind the Standing Card. To ally with the power that this card symbolizes, Kevin and Susan must seek to support and serve this Will-to-Be-and-to-Become, both within themselves and within others (both human and non-human) in the world as a whole.

In exploring their resonance with the power of Incarnation, Susan and Kevin consider ways in which they can be more sensitive and co-creatively active in supporting the growth and unfoldment of the people in their lives. This would be one way of being an ally with this power, of serving it even as it serves them. With some thought and imagination, they can probably think of other ways as well.

But it is not just thinking about this support that builds the resonance with this Creative Impulse. It is actually acting in the world in a way that honors and supports the incarnations of others and of all life that enables Kevin and Susan to embody this Creative Impulse and open its energy to all that they do, including their manifestation project.



SACRED: This card represents the impulse towards love and empowerment in the world. It is the force that works to support the wellbeing of all that exists. It suggests the presence that holds all creation in its being, enabling everything to exist and to prosper. This is the power behind the Holding Card. To ally with what this card symbolizes, Susan and Kevin need to discover and implement ways of empowering others and enhancing their wellbeing in appropriate and liberating ways. How can they bring a loving, honoring presence into their world through their individual thoughts, feelings and actions?



COHERENCY: This card represents the impulse towards wholeness, integrity, and coherency in the cosmos. The universe is a collection of wholes combining to create greater wholes. Where there is wholeness and coherency, energy flows unobstructedly. There is radiance. This is the power behind the Energizing Card. To ally with this power, Kevin and Susan must serve the unfoldment and creation of coherency and wholeness in their own lives and as best they can in the situations in which they find themselves. What is the felt sense of wholeness in their lives? What does it mean to them? How might they promote it in the lives of others? They need to find ways to unobstruct the obstructed (and not be obstructions themselves), to bring energy and flow to where there is stagnation, and to serve, not destroy, wholeness.



SYNCHRONICITY: This card represents the impulse towards connectedness and the power of such connections. It is the impulse to create resonance and harmony. Through a cosmic dance of changing and evolving connection and synchronicity, the wholeness of life is dynamic, never static. It is the power behind the Co-Creativity Card. For Susan and Kevin to ally with this power, they need to honor the connectedness in their own lives and find ways to extend it appropriately. They need to be alert to serving the call to synchronicity which they may hear in themselves, the intuition to be somewhere, to do something, to call someone, thereby creating a space for connections to form and synchronicities to manifest. They need to discover how to be part of the great organizing presence of the cosmos through attunement and resonance.

All four of these Creative Impulses are manifestations of love in action: love that empowers, serves, embodies itself, supports, connects, creates wholeness, and radiates. Love is the ultimate force of resonance and manifestation. Attuning to love through these four Impulses heightens the co-creative link between Kevin's and Susan's individual presences and the great Presence of creation, a link that can only heighten and empower the course of their manifestations.

Stage Six: Inhabiting your Manifestation Presence



INHABITING: For Kevin and Susan, their manifestation projects are more than just visualized images to inspire positive thinking and a magical, magnetic force of attraction. They are living presences that they can inhabit. The felt sense of their Manifestation Presences, connected to and energized by their own sovereign creative presences on the one hand and the co-creative Presence of the cosmos on the other, becomes fields of resonate energy. Kevin and Susan need to inhabit these fields as they go about their daily lives, doing the things they ordinarily do, making their “New You” part of who they are now while still keeping appropriately in touch with their current situations. They need to be open to the steps they can take to enhance the possibility of synchronicity in their lives, particularly with respect to their manifestations. (Using the Synchronicity Deck can help with this.) How they do this is up to them, but the more they can do so, the more resonant their lives become to the potential, emerging reality of their Manifestation Presences.

Chapter Four:

Special Circumstances

Manifesting Money

When it comes to using the Manifestation Deck, money takes special consideration. Of course money is a perfectly fine object for a manifestation project. We can all use more of it now and again, sometimes desperately! But if we think about it, it usually isn't money itself in the form of paper and metal currency we want. There aren't many people like Donald Duck's Uncle Scrooge, who filled his money bin with coins and bills so he could roll around in them. Money is usually a means to an end, not an end in itself. The actual object of our manifestation is what money will buy or do for us.

The question in using the Manifestation Deck is "What is the presence of a sum of money?" Money can be shorthand for feelings of power, possibility, freedom, capability, survival, and generosity among other things. But does a sum of money in itself have a presence apart from what we can do with it?

For example, in attuning to the presence of a sum of money, the third stage in the process, you can certainly name a figure. You can say, "I need to manifest two hundred dollars." That is the form of the money. It might come as two one hundred dollar bills or two hundred one dollar bills. But what is the pattern of this money? What is its heart? It's really just a number. This is not to say you can't discover the pattern and heart of that number, but it won't be as easy as working with an actual object, person, or situation that has dimension, shape, and form.

You may find it easier to use "wealth" as a manifestation object than a specific dollar figure. Wealth is a condition, a state of one's mind as well as of one's bank balance. I can tune into the felt sense of being wealthy, I can discern its patterns and relationships in my life (relationships to work, productivity, safety, creativity, and

so on, for example) and I can feel into its essence or heart (a feeling of generosity and openness is part of wealth for me, for instance).

For the most part, though, rather than trying to manifest a sum of money, be clear about what the money is for and use that as your manifestation object. If you need money to pay the rent this month, for instance, then make “paying the rent” the situation you wish to manifest. (You might manifest this in a number of ways other than getting a particular sum of money. For example, the Heart of “paying the rent” is “having a secure place to live.” A friend might ask you to house sit for a few months with no rent being charged at all.) Attuning to a concrete object, situation, condition, or relationship is more powerful energetically and easier to inhabit than a number all by itself.

When To Stop?

How long should you keep your manifestation project going? When should you give up and stop it? The timing depends on you and on what you’re trying to manifest. You can use the Synchronicity Deck to give you an intuitive snapshot of your process, and this may give you an intuitive sense of timing. Be sensitive to the felt sense of your New You; if it begins to lose clarity, energy and vitality for you, this may be an indication that your manifestation is not going to happen. Also, you can go back to your Presence Deck and go through the attunement process once more, paying attention to how the felt sense of your manifestation develops—or not—through the various stages. If it seems less real and less energetic to you, chances are you should let it go.

A manifestation project can take weeks, months, even years to come to fruition. It depends on the complexity of the project. Earlier I used an example of a manifestation project of becoming a successful published writer. This could easily take two or three years to complete. But you could start a project of manifesting a new romantic partner and have someone show up the next day who meets all the qualifications.

Be alert to signals, synchronicities, and the flow of energy in your life. How long you wish to wait or keep working with a project really depends on you.

What if You Fail?

In one way, manifestation projects never fail. You may not manifest what you wished, but you will manifest something, if only in the form of learning, insights, and wisdom that can help you next time. In science, for example, a failed experiment can yield as much helpful information as a successful one.

However, manifestations can fail for a variety of reasons, including poor compatibility, lack of energy, wrong timing, or insufficient commitment. The right connections or conditions in the environment may not be available either; the reason why something doesn't manifest may not lie with you, though it is always good to explore any reasons that may exist within you.

Failure is always disappointing, though in hindsight it may work out for the best. Sometimes a wiser part of us knows that our attempts to manifest something may not be the best course of action for us, though hopefully this kind of awareness will come to the fore during the Presence meditation process, particularly in determining compatibility.

Also, success may come in ways you don't anticipate or even recognize. You may fail to manifest the form of your manifestation and succeed in manifesting its heart and essence. You need to stay alert.

As I said at the beginning, this is an art, not a science. However, you will have successes as well. These will empower you in discovering and expressing your deepest creative spirit and the joy of your connectedness with life.

Chapter Five:

The Synchronicity Cards

Creating, holding and embodying your Manifestation Presence—your felt sense of your New You—is the essence of the manifestation process. It sets up the basic resonance that connects you to that which you seek and to the synchronicities that will the manifestation about. It creates the “shape” around which the creative energies of life can flow and to which they can configure. Holding this image of the “New You” in your life, inhabiting it and acting from your felt sense of it, is really all you need to do to energize your manifestation.

However, manifestation is not like ordering something on the Internet that is then shipped to your doorstep. It is more akin to the process by which a seed grows than to the way a package is delivered. You can wait for a package; indeed, once it’s in the hands of the delivery service, there isn’t much more you can do except wait. But a seed you can water and nourish. You pay attention to see that the conditions that support its growth continue to be favorable. You protect it from predators. You make sure it is healthy.

The actual appearance of your manifestation, whether through synchronicity or some other means, is the end of the manifestation process. But before that end is reached, the energy of the manifestation is active around you. Bits and pieces of the manifestation show up and may require your attention. Changes in the conditions of probability and compatibility may occur.

For example, you want to manifest a new job. You have created your Seed Image and have a felt sense of who you will be in that new job. You are living in the energy of your “New You.” Do you just wait now until someone shows up at your door and offers you the job you’re looking for? It could happen that way. But it is more likely that before that job appears, you will begin to encounter its energetic edge, the synchronistic ripples that go before it. Before the actual job manifests, there will be other manifestations

to which you should pay attention. You may have a hunch to go to a particular party, where you synchronistically meet someone who gives you an opportunity that will lead to the job you want. You may pick up a paper and read an article that gives you a lead. You may feel an impulse to shop in a store where you discover an ad on a community bulletin board that leads you in the right direction.

As I mentioned, my friend who was seeking special bells for her mother searched through many stores before she dialed a wrong number and synchronistically reached just the store she needed.

Maybe you need to do something, give away something, or change something in your life in order to heighten the probability of your manifestation. Maybe there is something you need to do to draw more creative energy into your life. Perhaps there is information that your subconscious mind or intuition would like you to know that would help in growing your manifestation.

The Synchronicity Deck is a way of taking a snapshot of how your Seed Image is unfolding. It is a way of giving your intuition a chance to inform you about the character of the synchronistic energies surrounding you. Using the principle of synchronicity itself through randomly laying out cards from a deck, you can gain insights into your manifestation process and what, if anything, you might do to nourish and advance that process.

Chapter Six:

Using the Synchronicity Deck

The Synchronicity Deck is made up of forty cards, which are divided into four types. These are like suits, though they do not contain equal numbers of cards. These four are:

Arena Cards
Power Cards
Attention Cards
Activity Cards

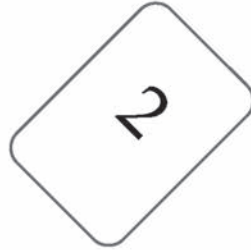
There are also two special cards which function like jokers, adding an unpredictable element to the deck. These are:

Open Card
Whimsy Card

The Synchronicity Deck is designed to stimulate your intuition and insight. It is meant to attune you to the growth of your Seed Image, rather than predict the future or tell you what you must do. This is not to say that predictive or specific information may not emerge from using the cards. But it is important to remember that you govern the inhabiting and unfolding of your Seed Image, not the cards. Do not give them unwarranted authority over your life. They are meant to be partners in your process. The cards will supply some information and insight. You need to provide the rest.

The Synchronicity Deck is designed to be used in conjunction with the Presence Deck for an overview of your manifestation project. It can also be used by itself for suggested actions to take in a particular part of your life.

To use the Synchronicity Deck in conjunction with



the Presence Deck, follow these steps:

1. Go through the Presence Meditation to layout the Presence Cards as previously described. This will take you back into your own co-creative power and into the felt sense of the presence of your manifestation, the presence of your “New You.” Take a moment to fully re-experience this felt sense.

2. Shuffle the Synchronicity Cards. While you do so, attune to the felt sense of your Manifestation Presence, your “New You.”

3. When you feel ready, deal out seven cards one at a time to each of seven positions.

4. The first card is played in Position One above the four Hallow cards indicating your own creative presence. It suggests an area in your life, a capacity you possess, or an activity you may perform through which your creative sovereignty and presence may focus at the moment to enhance your manifestation project. If you draw an Attention card here, it affects your entire Manifestation Project. It suggests that there is a problem in how your personal power and presence is connected and attuned to your Manifestation Project. It affects the basic conception of this Project. The problem is suggested by the nature of the Attention Card.

5. The second through fifth cards are played one at a time in Positions Two through Five next to one of the four Creative Impulse cards. They suggest an area in your life, a capacity you possess, or an activity you may perform to enhance your attunement to or the flow of each of the four Creative Impulses that support your manifestation. Each card is related to and affects the Impulse Card that precedes it. (NOTE: If you wish a deeper or more complex reading, you may also interpret each of these four Synchronicity cards in terms of the field or relationship created by the two Creative Impulse cards that it lies between. If you wish more randomness or variety, you can deal out the four Creative Impulse cards at random, which will change the field created by two Impulse Cards. Thus the normal fields are Incarnation-Sacred, Sacred-Coherency, Coherency-Synchronicity, and Synchronicity-Incarnation but if you

lay the Creative Impulse cards out randomly, you can get different blends, such as Incarnation-Coherency, or Sacred-Synchronicity.) If you draw an Attention Card here, it affects the particular Creative Impulse (or Impulse field, if you are using the deeper form of interpretation just mentioned) to which it is related. It suggests a problem in how you are aligning with and invoking this particular Impulse.

6. The sixth card is played in Position Six on top of your New You card. It suggests an area in your life, a capacity you possess, or an activity you may perform that will strengthen your sense of or the expression of your "New You," your Manifestation Presence. If you draw an Attention Card here, it affects your entire Manifestation Project, but specifically how you are conceiving and experiencing your New You.

7. The seventh card is played on Position Seven on top of the Inhabiting card. This suggests an area in your life, a capacity you possess, or an activity you may perform that will enhance your process of Inhabiting and carry your manifestation project forward. If you draw an Attention Card here, it affects your entire Manifestation Project, but in particular it suggests a problem (as indicated by the nature of the Attention Card) with how you inhabit your Manifestation Presence, how you are bringing it into your life, or the way you are going about concretizing your manifestation.

8. Reflect on each card as you reveal it and on its relationship to the forces represented by the cards in the layout in which it is related.

9. If you draw an Open Card or a Whimsy Card anywhere in your layout, just follow the instructions for that card.

Alternate Uses of the Synchronicity Deck

The Synchronicity Cards may be used on their own without the Presence Deck to suggest ways to stimulate or support synchronicity in your life. There are three ways you can do this.

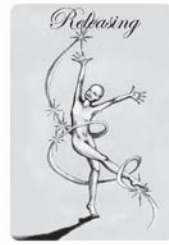
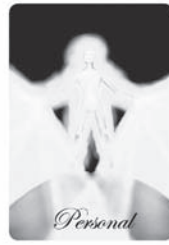
ARENA LAYOUT: You can use the cards to suggest any particular actions or capacities you might use in a particular arena in your life to heighten the possibility of synchronicity.

1. Lay out the four Arena Cards—Economy, Environment, Personal, and Relationship—in a line. Reflect for a moment on what each of these Arenas mean for you at this time in your life. For example, does the Economy arena mean finances or energy or time for you right now? Is the Environment your home, your workplace, your neighborhood, the nature around you? Does the Personal Arena refer to health, spirituality, or learning? Does Relationship refer to family, friends, or acquaintances?

2. Shuffle the remaining Synchronicity cards. As you do so, keep in mind that you are seeking information about actions or capacities you can take in one or more of these Arenas. If you have a specific question about one or more of the Arenas, keep that question in mind. When you feel ready, lay out the top four cards one at a time. Place one card face down in a row below the four Arena Cards in Positions One through Four.

3. Turn up one card at a time. You need not turn up all four if you only want to explore one or two or three of the Arenas. Just turn up the cards for the Arenas about which you have a question.

4. If you turn up a Power Card, it suggests you want to particularly focus on using this capacity in that Arena at the present time. If you turn up an Activity Card, it suggests that this activity in that Arena will help stimulate energy for your manifestation. If you turn up an Attention Card, it suggests you examine the Arena in question for the challenges indicated by that card. If you turn up an Open or Whimsy Card, follow the instructions for those cards.



EXAMPLE: You decide to explore what activities or powers may assist the synchronistic unfoldment of your manifestation in each of the four areas of your life. You are particularly interested in how you are spending your time in working on your manifestation, so you wish the Economy card to represent the use of your time, especially when you are at home. So you decide the Environment will be your home. You don't have a particular feeling about the Personal or Relationship arenas; you'll see what turns up.

You lay out your four Arena cards in a row. While shuffling the remaining Synchronicity cards, you think about your question: how are you using your time at home to support your manifestation? When the deck feels ready to you, you lay out four Synchronicity cards, one below each of the Arena cards. You come up with the following matches:

Economy is matched with "Learning."
Environment is matched with "Open."
Personal is matched with "Imaginal."
Relationship is matched with "Releasing."

The Learning Activity card could mean a couple of things. It could mean that you need to pay more attention to and learn about how you are using your time. It could also mean that your manifestation would be benefited if you spent more time learning about it. If you were trying to manifest a car, for example, this could mean researching different makes and models. If you're trying to manifest an inner state, like greater compassion, it could mean studying the lives and examples of compassionate people.

The Open card means that what you do at home is up to you. There is no specific Activity or Power that is recommended. The Imaginal Power card associated with your Personal Arena means that with respect to your personal energies and wellbeing, you would benefit from being more imaginative. Perhaps you are in a rut, particularly when you come home. You are caught in too much habit and routine. This card plus the preceding Open card suggests that you want to open up your home life in some manner, making it available to new experiences or new energies. This would fit with the idea of spending more time learning and trying on new ideas and activities.

You're not sure what the Releasing card means in the Relationship Arena. But then, carrying on the thread of thought stimulated by the other three cards, you realize this can mean releasing habits of relationships you have with people in your home life, allowing something new to enter.

Overall, the reading is suggesting that your time at home is being bound by routine and habits. You and your family have gotten into a rut, and this is affecting your power to manifest. It's time for an old dog to learn some new tricks! It's time to open up your home environment and relationships to learn some new ways of being, to stimulate your imaginations, and make life exciting, open and fun again.

POWER LAYOUT: The five Powers—Physical, Emotional, Imaginal, Mental, and Spiritual—represent areas of capacity and activity through which your attention, your will, your love, and your

creativity may be focused. If you would like information on how you might express your capacities with respect to your manifestation, use the following layout:

1. Shuffle and lay out your five Power cards in the shape of a star, with one Power card in the center and the other four around it at the four cardinal points of East, South, West, North or to the right, below, to the left, and above the center position.

2. These positions have the following meaning:

CENTER: Synthesis, Focus, Freedom. The Power in this location is the capacity that directly links to your manifestation project. It is where your will and creativity should be focused. It is the Power that synthesizes the energy of the other four Powers. It is where you have the most freedom to express and improvise. The Power that is here can modify the other four Powers around it.

EAST, TO THE RIGHT OF CENTER: Energizing, Expressing, Moving Forward. The Power in this location is the capacity through which your manifestation energy, arising through and from the Power in the Center, flows out into life. It is the next step, the Power that carries your manifestation forward. It is outer expression.

SOUTH, BELOW THE CENTER: Holding, supporting, grounding. The Power in this location is the capacity that holds and supports all the other Powers in their expression at this time. It is the power through which you ground your energy, keeping things aligned, stable and balanced.

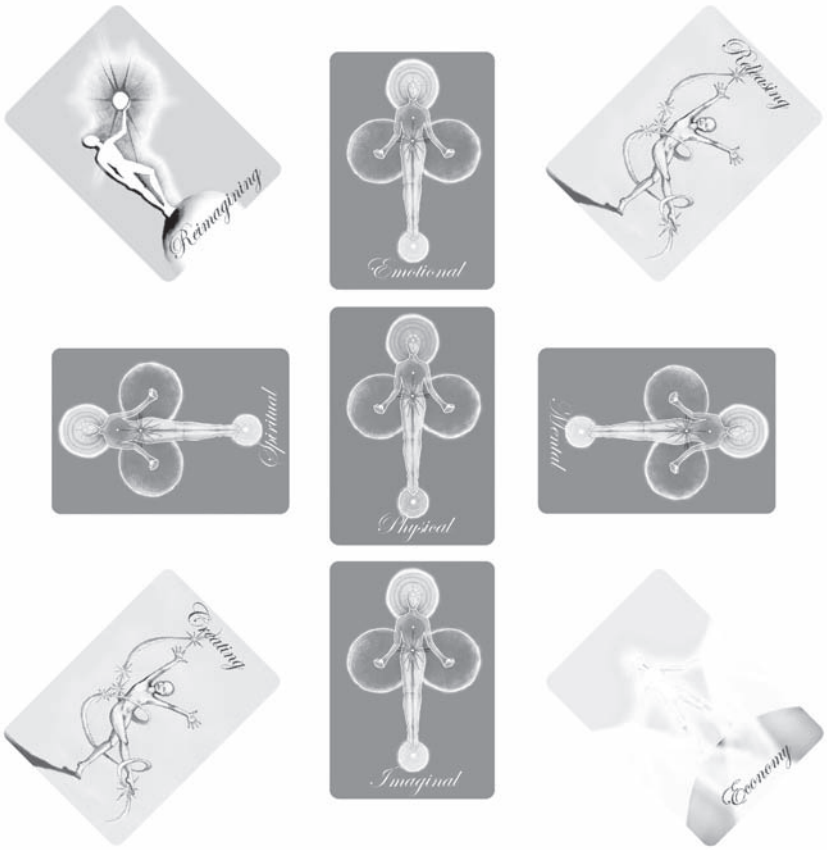
WEST, TO THE LEFT OF CENTER: Standing, alignment, integration, strength, sovereignty. The Power in this location is the capacity that provides the alignment and integration that gives strength to your efforts. It keeps you on track as it were, integrated with your values and with your larger self and sense of sovereignty. It is like the backbone that allows you to stand, freeing your hands for creative work.

NORTH, ABOVE THE CENTER: Inspiration, Co-Creativity, Emergence, Participation, Collaboration, Possibilities. The Power in this location is the capacity that opens you up to the world and cosmos at large, particularly to other people and to new possibilities. It is the channel in this moment for inspiration to come. It is the Power that can facilitate collaboration, cooperation, communication, and co-creativity. It is an avenue for emergence.

3. Shuffle the remaining Synchronicity cards, holding in mind as you do so whatever questions you have about how you might use your Powers at the moment to advance your manifestation.

4. Lay out four Synchronicity cards in between the Power Cards, one in the north-east quadrant, one in the south-east, one in the south-west, and one in the north-west.

5. Each of these cards modifies or affects the Power Card just before it. Thus the card in the north-east quadrant modifies the Power Card in the North position. (Note: for a more complex reading, you can determine how the card affects the “field” created by the two Power Cards on either side of it. Thus, the card in the north-east quadrant would affect the field or blend of the Power cards in the North and East positions.) No card modifies the Power in the Center.



EXAMPLE: You have decided to explore what is happening with respect to your five Powers. You shuffle and lay out your Power cards in the five positions of the star. The result is:

- CENTER: Physical Power
- EAST: Mental Power
- SOUTH: Imaginal Power
- WEST: Spiritual Power
- NORTH: Emotional Power

Looking at this layout, you can see that at the moment Physical expression, wellbeing and activity is your link with your manifestation. That is the Power that is at the center of your

synchronistic energies right now.

The energizing power, though, is your mind, which means that you don't just act blindly or mindlessly but guided by good ideas. What ideas, insights, or learning might carry your manifestation forward just now? Because of the Physical Power at the Center, though, they need to lead to practical action. Abstraction is not what you need right now.

You are held and supported in this activity by your imagination. In effect the ideas you are going to express physically and practically should not arise just from habit or routine but benefit from the support and use of your imagination.

At the same time, whatever you do needs to be in alignment with your values and integrity, particularly your spiritual values. This is the meaning of the Spiritual Power card in the West.

Finally, through your feelings and emotional life you can reach out to others for inspiration. For instance, they can feel your enthusiasm for your project and offer their help and advice. The Emotional Power in the North suggests you are open in your feelings towards new possibilities. Do you have a good feeling about the imaginative ideas you are going to express in practical ways? Let your feelings guide you towards new possibilities if this seems appropriate.

That is the basic layout of how your Powers are interacting and supporting each other at the moment.

Now you shuffle the remaining Synchronicity cards and deal out four. The result is:

In the NORTH-EAST, between the Emotional and Mental Powers, you draw the Activity Card, "Releasing."

In the SOUTH-EAST, between the Mental and Imaginal Powers, you draw the Arena Card, "Economy"

In the SOUTH-WEST, between the Imaginal and Spiritual Powers, you draw the Activity Card, "Creating."

In the NORTH-WEST, between the Spiritual and Emotional Powers, you draw the Attention Card, "Reimagining."

The Releasing Activity card directly modifies the Emotional Power. It suggests that you need to release some feeling or emotion—perhaps something that is bothering you or worrying you—in order for the energy to flow freely through this capacity. If you wish to go more deeply, you can say that what needs to be released aren't just feelings but ideas or thoughts that are causing troublesome or obstructive feelings. This is because Releasing is in the “field” created by your Emotional-Mental Powers. So perhaps what needs release here is a mental attitude that is holding you back emotionally and keeping you from being open to new possibilities, inspiration, and cooperation with others (the meaning of the North position of the Emotional Power card).

The Economy Arena card modifies directly the Mental Power. This suggests that you need to look at how you are using your mental energy. Do you spend, for instance, more time dwelling on negative or worrisome thoughts than on positive, encouraging ones? Do you give yourself enough time to think things through or, given the position in the East that the Mental Power card occupies, to gain new ideas? How do you “spend” your mental capital? Going more deeply by looking at the combining of the Mental and Imaginal Power Cards (the East and South positions), the Economy card could suggest that you need to look at how much time you spend with familiar ideas and thoughts and how much time you spend being imaginative, thinking outside the box, and creating new visions for yourself.

The Creating Activity card modifies the Power card in the South, which is Imaginal. This one is a no-brainer. You are clearly being asked to be more imaginatively creative. Use your imagination in creative ways with respect to your manifestation project. Looking more deeply, Creating is in a field between Imaginal and Spiritual. This suggests that you want your creativity to arise not only from everyday thinking but from deeper spiritual sources within you. And you want your imaginative creativity to reflect your basic spiritual values and integrity and your alignment with higher spiritual forces in your life. Some imaginative, creative meditations

may be in order here.

The Reimagination Attention Card modifies your Spiritual Power. This card calls attention to the need to rethink, reimaged, and revision. In this position, it suggests that you may want to not fall back on habits of spiritual thought and practice, but to invest some time to go back to basics and revision your relationship to spirit and spiritual values and energies in your life. Something about how you envision your relationship to spirit or your own spirituality is not serving you well and may be blocking the freer flow of spiritual energy in your life. Looking more deeply, this Attention card is in the middle of the field between both Spiritual and Emotional Powers and between your basic alignment and integrity on the one hand (the West position) and openness to inspiration, new possibilities, and cooperation with others on the other hand (the North position). This suggests that reimagining your Spiritual power may come from being open to inspiration and to insights from others. It can also mean that as you reimagine your spirituality, you will become more open to inspiration, a source of newness, and better able to cooperate with others. In effect, reimagining some aspect of your spirituality will be freeing and opening to you emotionally.

Because the Physical Power card is at the center, it is the synthesizing point for all the other powers. It means that physical action and grounding at the moment is the primary focus for your manifestation. So the other powers, and the ways in which they have been modified, ultimately need to come together to support and guide some physical activity.

SINGLE CARD DRAW: Third, you may use the Synchronicity Cards just to give yourself a quick suggestion by drawing a single card. If the card is an Arena Card, it means pay attention to something in that area of your life today. If it's a Power Card, it means pay attention to using that Power today. If it's an Activity, then look for an opportunity to appropriately use that activity today. If it is an Attention Card, then pay attention during the day to whatever the card suggests. If it's an Open or Whimsy

Card, then the day's up to you!

Interpreting Your Readings

Remember, in all uses of the Synchronicity Deck the cards provide suggestions, not commands or guidance. They are meant to stimulate your intuition. They are not intended to set limits. In interpreting your reading, from the full layout using the Presence Deck to one of the two alternate layouts to just using a single card, pay attention to everything. Let the sense of the whole reading settle into you and see what images or intuitions may arise.

In a layout, two or more cards may contradict each other, or one or more cards may be unclear. Rather than trying to figure it out rationally, think of the reading as a dream through which your subconscious mind is trying to communicate to you in irrational, symbolic, and paradoxical ways. Sit with the cards without trying to interpret them and pay attention to the felt sense that may arise.

If after reflection you find the reading makes no sense, then accept that it makes no sense. There are definitely factors that can block a reading, such as timing, fatigue, your mood, too much emotion coming from urgency or neediness, and so on. The Attention Cards may pick up on this, but maybe not. Not every reading will give you golden insights, but every reading will give you practice. Not getting any insights or information can be as useful as getting a great deal of insight, for a failed reading can often give us clues into our own process, what we might be doing wrong, what we were hoping for, and so on. If you feel a reading fails, then set the cards aside, wait awhile and try again. In particular, go carefully through the Presence Cards Meditation again to firmly anchor yourself in your felt sense. This process puts you in the mood and greatly increases the chances of a successful reading.

Chapter Seven:

Synchronicity Card Meanings

Here is a list of all forty cards by type and their individual meanings.

ARENA CARDS: These four cards indicate a particular area of your life to which you should pay attention or where you should direct your energy.



Economy



Environment



Personal



Relationship

Positions

In the full layout using the Presence Deck, if one of these cards is found in Position One in relationship to the Hallow Cards, it suggests that focusing upon this area in your life right now will assist your overall creative power and expression, or that this is an area that would benefit from your creative attention, presence and sovereignty right now.

If the card is found in Positions Two through Five in relationship to one of the Creative Impulses, then work in this area will assist the invocation and alignment with that Impulse.

If the card is found in Position Six in relationship to your "New You", it suggests that you reflect on how your New You will manifest and express in that particular Arena.

If the card is found in Position Seven in relationship to Inhabiting, it suggests that there is something in this area of your life that can assist the inhabiting and manifestation process at the moment.



ECONOMY: This card represents the flow of energy in various forms into and out from your life. The Economy Arena covers how you generate and use energy; it is the realm of exchange: the energy economy you form with life and the world around you. This energy can take different forms: money, productivity, time, physical energy, wisdom, advice, and so on. It is up to you to determine intuitively or through some other means just which aspect of your energy economy you wish to focus upon or which this card represents in a particular reading. Usually it is obvious with some thought and reflection. Or it may refer to your overall energy flow in all the ways you engage with life. This Arena suggests how you interact in a gifting or transactional manner with your world.



ENVIRONMENT: This card represents your relationships to your surroundings and all the environments, natural and human-made, in which you live and work. It represents both how you are affected and energized by these environments and how your actions and attitudes affect and energize them. In a particular reading, use your intuition to determine (or decide ahead of time) just what environment this card represents. It can be your home, your workplace, your neighborhood, the landscape around you, or your relationship to nature as a whole. In short, this card deals with how you engage and interact with the settings in

which you live and work, all of which can affect how your energy flows and is either renewed or spent.



PERSONAL: This card represents elements of your personal life and well-being. For example, it can represent your overall physical, mental, emotional, and spiritual health and all you do to support them. It could also stand for how you play and recreate yourself, your hobbies, the things you do for fun, the way you re-energize and replenish yourself and nurture your mind, your heart and your soul. This Arena also stands for all you do to study and learn and how you promote growth and unfoldment in your life. It can also represent your spirituality and the ways you attune to the life and energy of spirit and the subtler, invisible realms of life and the sacred. Use your intuition to determine what this Arena specifically means in your reading. Other cards will most likely throw light on the meaning of this one. Chances are it will be obvious, but if not, go more deeply and reflect on how the condition of your personal life might relate to your manifestation project and what specific areas might be involved.



RELATIONSHIP: This Arena deals with your connections, engagements, and interactions with others. These relationships can be intimate or casual, long-lasting or temporary. They can be personal or work-related. The implication of this card is that in the Arena of your relationships you will find energy, information, connections, wisdom, or support that will help your manifestation project.

Or it could mean that you need to put more quality energy and awareness into your relationships in order to bring the energy “shape” of your life into greater balance. Let your intuition and the presence of other cards guide you.

POWER CARDS: These five cards represent your five powers of creative expression and action: your body, your emotions, your imagination, your intellect, and your spirit. These are ways in which you may engage with your world and express your intentionality, your presence, and your creativity.

Mental



Spiritual



Physical



Emotional



Imaginal

Positions

In the full layout using the Presence Deck, if one of these cards is found in Position One in relationship to the Hallow Cards, it suggests that focusing upon this Power in your life right now will assist your overall creative expression, or that this is a capacity that would benefit from your creative attention, presence and sovereignty right now.

If the card is found in Positions Two through Five in relationship to one of the Creative Impulses, then using this Power will assist the invocation and alignment with that Impulse.

If the card is found in Position Six in relationship to your “New You”, it suggests that using this Power will give greater clarity and expression to the felt sense of your New You.

If the card is found in Position Seven in relationship to Inhabiting, it suggests that this Power can assist the inhabiting and manifestation process at the moment.



PHYSICAL: This card represents physical activity. When it comes up in a reading, it suggests that your manifestation project will be benefited by taking physical action. You need to do something. What you do could be directly related to your manifestation process, such as my friend going physically around to various stores looking for the particular bells she wished to purchase. Or it could be a physical action performed while holding the felt sense of your “New You” in your body. For example, I find a “manifestation walk” is often helpful. In this instance, I center my awareness in the felt sense of who I am when the manifestation succeeds (what I will feel like, what I will think like, and so forth), and then take a walk. With each step I imagine myself stepping more fully into the new person I will be when the manifestation succeeds.

I feel the physicality of it, the groundedness of this new me. I am attuning my manifestation to the energy of the earth and of physical reality.

Your manifestation might have a better chance of succeeding if you go to a particular place. For example, if you're looking for a new relationship, your chances of finding one may be increased if you go some place where other unattached people are present and available. Or perhaps what you need is to enhance your physical energy through exercise or diet, because the vitality of your body has a direct relationship to your overall energy "shape."



EMOTIONAL: This card represents the power of your feeling life and your emotions. Your likes and dislikes, your passions, your interests, your qualities of feeling, all impact and mold your energy "shape." Indeed, more than any other factor, your emotions affect the overall process of manifestation. Positive, confident, trusting feelings can advance the process while negative, fearful, and uncertain feelings can throw up obstructions and constrict the energy flow around you and from you. Expressing emotions that empower, such as enthusiasm, or that connect, such as friendliness, or that enable you to touch deeper levels of yourself, such as serenity, are ways you can use this Power to enhance your engagement with life and thus with your manifestation process.



IMAGINAL: This card represents the power of your imagination to aid you in embodying the felt sense of your “New You.” It also represents your capacity to think in innovative and unexpected ways that might enhance your manifestation project. Imagination is more than the ability to weave fantasies and daydreams for ourselves. It is the capacity to see what isn’t there yet, what is possible but not yet manifest. All human inventiveness begins with imagination. Einstein is famously quoted as saying, “Imagination is more important than knowledge.” Imagination takes us beyond our boundaries, beyond what is known and habitual and opens us to new ways of being. It is a key power in manifestation, for it is through imagination that you come to know the felt sense of your “New You,” and can imagine ways of inhabiting it.



MENTAL: This card represents the power of your thinking and intellect to help you with your manifestation. In particular it represents your capacity to learn and to gain new information and insights. Sometimes the path to your manifestation is right before you if you only thought about it more deeply or considered new and different information. Manifestation may unfold through opportunities that arise that will lead you to what you wish. But you must recognize those opportunities when they occur, which may require thoughtfulness on your part. This is your capacity to strategize and to make plans; it is your capacity to think through specific tactics that will empower and guide your inhabiting.



SPIRITUAL: This card represents your spiritual, moral, and ethical resources. It is your power to blend in love and caring with the rest of the cosmos. It is your connection to the most essential part of you from which meaning and values emerge. It is your capacity to be open to inspiration. It is your connection to the sacred, to the ground of all beingness, to the generative Mystery from which all creation emerges; it is the presence of that Mystery within yourself. It is the presence of wisdom within you. It is the part of you that knows itself to be participating in a larger wholeness and that experiences manifestation not only in terms of what you may gain but in terms of what will benefit that greater whole. Your spiritual awareness, reflectiveness, and capacities greatly enhance your inhabiting by connecting your efforts to a larger reality and also powerfully invoke and align with the four Creative Impulses that empower manifestation throughout the cosmos.

ATTENTION CARDS: These three cards call your attention to a possible problem. They are not predictions that you will fail, but they are indications that you need to revisit your project. They suggest a need to think more deeply about your manifestation. Perhaps your Manifestation Presence needs to change in some manner. Maybe you need to embody it differently. These cards are in the deck to allow your intuition to alert you that more or deeper work is needed. How much weight and meaning you give these cards is entirely up to you and your intuitive reading of your situation, which, of course, is true of how you use and read any of the cards in this deck.



BLOCK: Sometimes things do not go smoothly. Any manifestation project might run into obstruction. If this card comes up in a reading, it calls your attention to the possibility that your process is blocked.

The nature of this block and the degree to which it is obstructing can vary. For example, your project may be out of timing at the moment. It may be that it is going to take much longer than you anticipated. It may be that this is not the best time in your life to be considering this project. It may be that the timing is off for others who either may be affected by your manifestation or who might help it. You may simply need patience, and the block will resolve itself over time.

On the other hand, your project may be ill-conceived and wrong for you, or wrongly constructed. Perhaps the incompatibility and low probability of the Manifestation Presence is just too much to overcome. Or there are other ordinary means to accomplish your project than through manifestation. Perhaps what you wish doesn't fit into the wholeness and coherency of your life. In all these cases, the block may be too fundamental to overcome. Something is flawed with this manifestation project, and you need to completely release it.

Look to other cards in the reading and to your intuition to give you a deeper sense of just what this block is and how to remove it...or whether you should stop the project altogether, at least for the time being.

If you draw this as a single card, it suggests you should stop what you're about to do and relax. Let go of expectations or any worry about

outcomes. Trust yourself to act intuitively and improvisationally in the moment if you need to.



REIMAGINING: This card suggests you reexamine the nature of your manifestation project. A manifestation project is not static. It is a living field of co-creative energy which can change as time goes along and new conditions unfold or new information becomes available. You might discover, for example, that what you wanted to manifest no longer interests you or fits your needs. Your project may need to be reevaluated, perhaps even reimagined all over again. Perhaps the Manifestation Presence you created is flawed or incomplete. You may need more clarity and specificity around what you are seeking to manifest. You may need to start over from scratch.

If you draw this card as part of a single card draw, it suggests you should think outside the box today, use your imagination, and go beyond your expectations and preconceptions.



MOTIVE: This card suggests you reexamine your motive behind your manifestation project. Why do you wish to shape your life in this new way? Why do you wish to manifest this particular relationship, object, situation, or condition? What is it in you that is called forth by this manifestation? This card asks you to be clear about the role of this manifestation in your life.

An exploration of motive can reveal the emotional energy and intellectual logic underlying your manifestation project. Your motive may be very simple and obvious or it may be complex

or not easily understood. Why you may want something is not always as clear as it seems on the surface. This card asks you to look more deeply into yourself to discover what is behind your intent.

This card also reflects the meaning you assign this manifestation project and its relative importance in your life. How much do you wish it to occur? How willing are you to make changes in your life to enable it to happen? How much transformation will you undergo to shape your life in this new way? How much emotional and mental energy do you have to spend on this manifestation? Is it too much? Your motive is not just the reasons why but the motivation that will sustain you through the process.

If you draw this as a single card, it suggests you examine what is motivating you right now as you begin (or are in the midst of) your day.

ACTIVITY CARDS: There are twenty-six Activity Cards. Each one represents something you can do, an activity you can take, in order to move your manifestation project along. These are generic activities. You will need to use your intuition, your common sense, your intelligence, and your feelings to determine precisely what they mean in your specific context. Each activity also represents a quality. It represents a way of engagement. Some are outgoing activities, some represent interior activities. Some ask you to look within; some ask you to look outside yourself. Some are reflective, some are engaging. So, if the activity you should perform is unclear, what about the quality behind that activity? How can you engage with that quality? In the broadest sense, the qualities inherent in these cards indicate that you should be receptive, hold back, wait, be reflective, or have patience, or that you should be active, engaged, exerting your will, and moving things along.

Positions

In the full layout using the Presence Deck, if one of these cards is found in Position One in relationship to the Hallow Cards, it suggests that this activity (or its quality) in your life right now will assist your overall creative power, sovereignty, and expression. It means as well that this activity or its quality will affect your Manifestation Project as a whole.

If the card is found in Positions Two through Five in relationship to one of the Creative Impulses, then this activity will assist the invocation and alignment with that Impulse.

If the card is found in Position Six, in relationship to your “New You”, it suggests that this is an activity that will bring your “New You” into greater expression and clarity, hence into a greater possibility of manifesting.

If the card is found in Position Seven, in relationship to Inhabiting, it suggests that this activity can assist the inhabiting and manifestation process as a whole at the moment, carrying it forward.

Precisely how you do the particular activity is up to you and your intuition, knowledge, intellect, or good sense.



BLESSING: This card suggests you will benefit by blessing the people and things around you. Blessing is both a flow of positive, supportive, loving energy you send to someone or something or invoke on their behalf, and an affirmation of their sovereignty. Blessing supports people in fulfilling their own deepest dreams and living up to their own best potentials. When you bless, you do what you can in appropriate ways to enable this to happen. The quality of this card is active, outgoing, and engaging.



CHANGING: This card suggests you need to change in some way, let go of old habits, and try out new possibilities. You are in a rut. It's time to change to become free again. The quality of this card is active and outgoing



CO-CREATING: This card suggests you affirm your capacity to co-create with others, attuning to the Co-Creating Hallow in the Presence Deck. When you co-create, you are like a star in the galaxy, a source that connects, blends, collaborates, engages, and works with other sources to promote the emergence of that which none of you could do on your own. The quality of this card is active and outgoing.



CONNECTING: This card suggests you pay attention to your connections with life, with others, with where you are, and with what you are doing. It suggests you take steps to connect more fully in some way or to be more aware of what is happening around you so that the connections you do have are clear and vibrant. Manifestation operates through our connections to a great extent, so the quality of the web in which we live and work is important. The quality of this card is active, outgoing, and engaging.



CREATING: This card suggests that you need to bring some creative energy into your life. This could be through literally undertaking some form of artistic activity or it could be by being more imaginative, thinking outside the box, or going beyond preconceptions and expectations. It can

also be by creating conditions for someone else's needs or manifestation to be met. The quality of this card is active, outgoing, and imaginative.



ENERGIZING: This card suggests you affirm your capacity to energize and empower, attuning to the Energizing Hallow in the Presence Deck. When you energize, you are like a sun giving forth spiritual, mental, emotional, imaginative, relational, social, financial, and physical energy. You are a source of nurture and power in your world benefiting others. You acknowledge that you have something unique and valuable to offer. The quality of this card is active and outgoing.



ENGAGING: This card suggests that you need to take some action. It does not specify what that action is, only that you need to move out into the world in an active way. Perhaps your energy is too caught up in thinking and feeling and you need to do something. The quality of this card is active and outgoing.



FOCUSING: this card suggests you need to have more focus in your life. You are too dispersed or diffused, engaged in too many activities and projects. Your energy may be scattered and your attention pulled by too many needs. Set priorities, focus your energy, and finish what you start. The quality of this card is inner, reflective, and consolidating.



HOLDING: This card suggests you affirm your power to hold, attuning to the Holding Hollow in the Presence Deck. Holding sets our boundaries, creates open space in which something can emerge, and gives coherency to our energy. The quality of this card is reflective and inner.



INVITING: This card suggests you invite an ally to help you. Your manifestation project would benefit from an outside perspective or even from a time of partnership. Be open to help coming from another; there are times when you can't do it alone. If this card is related to a Creative Impulse, then be more conscious about inviting that Impulse into your life. The quality of this card is active, engaging, outgoing.



KEEPING: This card suggests you need to hold on and keep something in your life that you may have been thinking of letting go. It can also mean you need to pay attention to what keeps you together, what holds you in integrity and wholeness. Not everything should be released. Some things should be kept. It can also mean appreciating what you keep, ensuring it's a functioning, supportive, and empowering part of your life. The quality of this card is reflective and inner.



LEARNING: This card suggests you need to learn something or be open to new information, insights, perspectives, and wisdom. You will gain energy for your life and your manifestation by learning something new. Exercise your muscles of innovation. Broaden your horizons. The quality

of this card is both inner and reflective and outer and active.



LOVING: This card suggests you need to open your heart to appreciate and love more fully the people and things around you. Love creates connections, coherency, empowerment, support, resonance, and wellbeing, all of which are powerful components of the synchronistic universe. Love enables miracles, opens doors, restores flow, and overcomes obstacles. It is the heart of manifestation. The quality of this card is active, outgoing, and engaging.



LISTENING: This card suggests that now is a time to listen to the world around you, both inwardly and outwardly. It calls you to heightened awareness and attunement. It suggests that there is information available that you need for your manifestation project. So you need to be alert. The information might come in different ways: a conversation, something you read, an intuition or inspiration, a feeling or a thought. The idea is that life has something to tell you, so you want to be alert for the message. The quality of this card is one of reflection, awareness and attentiveness to inner and outer events.



OPENING: This card suggests you are too tightly enclosed behind boundaries. You need to open up and let energies move more freely and fearlessly between you and the world. You need to take actions that will expand your horizons, open you to new capacities and potentials, and get your energy moving again. You need to be open to the

unexpected and to new possibilities, especially in regard to your manifestation project. The quality of this card is reflective but also outgoing and active.



OPTIMIZING: This card suggests you need to gather your spiritual, mental, emotional, and physical resources and strengths together into a combined wholeness. Your full attention is needed in an undivided, focused way. You need to optimize your presence and your efforts. You need to bring your all to the situation at hand. It is not a time to be dispersed, divided, half-hearted, inattentive, or disorganized. The quality of this card is reflective but also outgoing and active.



PLAYING: This card is akin to Creating but suggests something less focused and purposeful. You need a playful energy in your life, something that doesn't take you or your project too seriously. It suggests the need for re-creation, for doing something that has no more meaning or utility than your enjoyment. Have fun! The quality of this card is an active one of joy, of laughter, and of energy moving into the world with no purpose other than to celebrate your self and life itself.



REFLECTING: This card suggests you should take time for more mental, emotional, and/or spiritual reflection. You will benefit from time to be thoughtful, time to consider, time to think about your life and what you are doing. You may need to be more mindful to counteract tendencies to act without reflection. The quality of this card is inner and reflective.



RELEASING: This card suggests you need to release something in order to make room for your manifestation. It could be physical, mental, or emotional. You are too cluttered, too full, too complete in some way. Whatever you manifest may only add to your accumulation rather than integrate to become a supportive part of you. The quality of this card is both reflective and active, seeing what to let go of and then doing it.



RESISTING: This card suggests you need to resist something and see to the health and integrity of your boundaries. This might mean resisting someone else's power or it might mean resisting a flow of energy that may be moving too fast or without enough clarity for you. It means keeping to your values, your integrity, and your wholeness in spite of offers, temptations, or impulses to the contrary. The quality of this card is inner and reflective but with an active component as well.



SEEING: This card suggests you need to see something. This could be a pattern, an insight, an opportunity, a connection. It is also a card of heightened awareness and attunement. It could mean seeing past appearances to a deeper level, seeing something that is hidden that relates to your shaping and manifestation project. The quality of this card is reflective, one of awareness and attentiveness.



SERVING: This card suggests you need to be of service in some manner in your life. Serving a need that another has or serving a situation or a need in the world will liberate energy for you and help connect you more deeply to a larger whole. You may have been too self-concerned. Serving freely opens your heart to love, the most powerful force supporting all manifestation. The quality of this card is active, outgoing, and engaging.



SHARING: This card suggests you will enhance your manifestation by being more sharing or giving of your own resources, particularly if by so doing you can help another. You will benefit by being more open to the needs and desires of others, and that openness will pervade your life, allowing life to find ways of sharing with you. The quality of this card is active, engaging, outgoing.



STANDING: This card suggests you affirm your own sovereignty, attuning to the Standing Hallow in the Presence Deck. Your manifestation project will benefit by you standing in your own presence, your own values and integrity, your own creativity and spiritual power. It suggests you appreciate your own good, whole self! The quality of this card is reflective and inner leading to deeper engagement.



TENDING: This card suggests you need to pay attention to and tend something or someone in your life. Nurturing, maintenance, care, and support are needed somewhere in your affairs. This could mean tending to your own needs if you are too outgoing and giving, or tending to others if you are too indrawn and self-absorbed. The quality of this card is active and outgoing.



WAITING: This card suggests that you need to take pause and wait for developments. This is not a time to take action. It's a time for patience. The quality of this card is one of patience, confidence and an indrawing of energy. It is reflective and inner.

SPECIAL CARDS:



OPEN: The Open Card can be whatever quality or activity you wish it to be. It can also simply be a wild card, indicating the presence of random, unexpected, unpredictable activity: a Joker or Trickster energy.

There are different ways you can use the Open Card. Before doing a reading, you can write down what you wish this card to represent should it appear in your spread. Or you can allow it to inspire you intuitively as to its meaning within the context in which it appears.

If you draw this as a single card, it suggests you be open to some wildness and trickster energy in your life today. Or perhaps you need to interject some innovative, outside-the-box thinking to

situations in which you will be involved today. Try to open things up. Clear a space for new perspectives to emerge. Be ready for anything.



WHIMSY: This card is also a form of wild card but one with a specific message: Lighten up! This current reading is a joke! Ha Ha! Something in your energy is interfering with the clarity of the reading. Perhaps you are taking this manifestation project too seriously, constricting the flow of your creative energy. Perhaps there is fear involved, making you tight and anxious. Perhaps you are not asking the right questions. Perhaps you're just not in the mood right now.

In any event, pick up all your cards and set them aside. Maybe you should just hurl them up in the air, if you don't mind picking them up afterwards! Then do anything that makes you happy, changes your energy, and puts a smile on your face and a lift in your heart. Do your reading later. If this card comes up a second time, you really are trying too hard. No more cards for you for the rest of the day! Watch two funny movies, get some sleep and try again in the morning!

If you draw this card as a single card, it suggests you put it back in the deck and don't draw another card until tomorrow. However, as much as you can, spread whimsy, laughter, and fun today.

Chapter Eight:

Examples

Let us go back to Susan and Kevin. Susan is seeking to manifest a new job; Kevin wishes a deep relationship with a woman that can lead to marriage and family.

Both of them have been working with their Presence Decks and have been Inhabiting their Manifestation Presences to the best of their ability.

For Susan this has taken three major forms. The first is to do her current job as excellently as she can with goodwill and love, doing her best to ensure that the business that employs her is benefiting. This puts her squarely in harmony with the Incarnational Creative Impulse; it also gives her a sense of being proud of herself in doing a good job and surrounds the image of “job” with positive feelings and affirmation. This in turn enhances her alignment with the forces of synchronicity and coherency. She is not introducing negative energies into her manifestation project by disliking or disregarding the job she is in.

The second form of inhabiting for her is to explore for job offerings and opportunities in the area in which she is looking for new employment.

The third form is to capture the feelings and attitudes of accomplishment, excitement, challenge, and advancement she knows she will have in her new job and to embody them now. She acts in her life as if the mental and emotional rewards of a successful manifestation are already hers. She is inhabiting the quality and felt sense of her “New You.”

Kevin has been doing his work as well. Inhabiting for him has taken the form of self-reflection. He wants to be the kind of man who would be compatible with and nourishing for the woman of his dreams; he wants to be a good partner for her, as well as wanting her to be that for him. So he has been shaping his life accordingly, exploring what habits he may have that do not fit into the “New

You” he wishes to be and eliminating them, looking at ways he can develop what he sees as his strengths, and changing his routines so that there is room in his life for another person. He is working to become a more spacious and loving person.

Both of them decide, though, that it’s time to check in with their manifestation project and see what their intuitions would say about how to assist the synchronistic energies swirling around them. For this purpose, they each use their Synchronicity Deck.

First, though, Susan and Kevin each take out their Presence Deck and repeat the meditation and attunement they originally used to create their Manifestation Presence. They did not need to do this. They could use the Synchronicity Deck on its own. But by renewing their sense of attunement to their Manifestation Presence, they create a field to which the Synchronicity cards can attune.

Susan

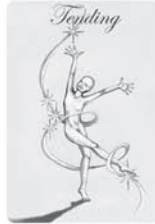
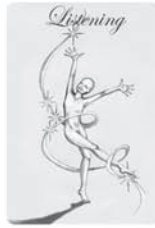
While shuffling the Synchronicity deck, Susan focuses on the felt sense of her manifestation which has been strengthened as she used the Presence cards. When she feels the deck is “ready,” she deals out six cards one by one.

The first card is associated with her Hallows, with the way in which she is bringing her own personal power, presence, and creativity to her manifestation project. To her consternation, the card she draws is “Block!” This is an Attention card, intended to call her attention to something amiss with her process.

The second card, associated with the Incarnation Creative Impulse card is “Personal,” an Arena Card. The third card, associated with the Sacred Creative Impulse card, is “Standing.” The fourth card, associated with the Coherency Impulse card, is “Holding.” Referring to the Synchronicity Creative Impulse card, the fifth card Susan draws is “Physical,” a Power Card.

Her sixth card is placed on top of her “New You” card (the top of the Manifestation Presence Stack). It is “Tending.”

The seventh card is placed on top of the Inhabiting Card. It is “Listening.”



On the previous page is what her final layout looks like:

What do these cards suggest?

The “Block” card suggests that there is a disconnection between Susan’s manifestation project and her sense of personal power, presence, and sovereignty. Perhaps the project has become too abstract for her and she is not putting enough of herself into it; she may be expecting other forces or influences to do the work for her and is not engaging her own creative power sufficiently. Maybe she doubts herself and her capacity to move up to a new and better job.

Looking at her relationship with the Creative Impulse cards, there is some confirmation for this. The “Personal” card connected to the Incarnation Creative Impulse card also suggests that she needs to become more personally engaged with the incarnation of her “New You.” Also, it means the power of the Incarnational Impulse needs to be focused more through her personal life and wellbeing. She needs to give some more time and energy to herself. This might be in areas of health, recreation, spiritual life, learning, or personal growth. She needs to determine just how to go about this, but it is in the arena of her personal life, rather than her relationships, her job, or her environment, that she needs to put more attention.

Likewise, the Sacred Creative Impulse card is being modified in this layout by “Standing.” Standing is Susan’s power to achieve a focus, to marshal and stand in her sovereignty, her personal capacities, her creativity. The relationship between these two cards suggests on the one hand that she needs to recognize and honor her sacredness—that she also is a worthy and holy part of life—as a way of liberating her personal power, and on the other hand that her sacred ability to bless, to care for the wellbeing of others, to be a source of empowerment and nourishment in the world should be channeled through her ability to honor and stand in her own sovereign identity.

A helpful picture is emerging here for Susan. These three cards all suggest that the synchronistic energy of her manifestation is being obstructed by a lack of attention to her personal needs and

capacities. She may be giving too much of herself away to her current job and to other projects and not trusting or appreciating herself and her own abilities enough. She may have been feeling that she will only be appreciated and recognized—and will only get what she needs—through what she does rather than who she is. She needs to honor what she does, but she also now needs to present herself, especially to a potential new employer, as a person who would be a valuable part of a workplace because of who she is.

The “Holding” card is associated with Coherency. Holding is the capacity to create and sustain coherency. Both cards are associated with the concept of wholeness. Susan feels she needs to improve her coherency by holding both herself and her work in a more balanced way.

The next set of cards suggests that the energies of synchronicity and connectedness need to be focused through her physical powers, through her body and physical activity. She ruefully reflects that her job keeps her sitting in an office all day; perhaps more exercise and physical activity will heighten her energy to make connections and will balance her personal needs in keeping with the other cards.

All of this comes together for her in the “Tending” card. Its placement suggests that her “New You” needs care and tending. But her “New You” is not an abstraction. It is part of who she is, part of her body, part of her mind and feelings. Again, she gets the message that in her desire to do good work where she is and also find a new job, she is not tending to her own needs. As a consequence, some part of her is withdrawing and not bringing her full presence to this act of manifestation. She needs to redress this balance.

The seventh card, modifying her Inhabiting card, is “Listening.” This card also suggests she needs to pay attention. It suggests, “Inhabit your New You by listening to yourself, to what is around you, to the situation at hand.” In this instance, in the light of the other cards, she decides the activity is to listen more to her body and to her personal needs.

She is satisfied she has gotten a very clear, coherent and

consistent message on how to more effectively engage with and promote the flow of synchronistic energies around her. She sees where she has been undermining her energy by not paying enough attention to her own wellbeing. She determines to correct the situation. One thing she knows she can do right away is to go running in a nearby park every morning. And she will pay attention to other opportunities as well to recharge and balance her life.

Kevin

Kevin also attunes to his Manifestation Presence, his New You, and his process of Inhabiting as he shuffles his Synchronicity cards. Then when he feels he has shuffled enough, he lays out the cards.

Associated with the Hallow Cards in Position One is "Learning." This is interesting. It suggests to Kevin that his personal power and creativity is connected to his manifestation project through learning something, and in this instance, he is intuitively sure it means learning about himself, his habits, his personality quirks, his strengths and weaknesses, so he can better become the person the woman he desires would like to marry.

To his surprise, however, the second card he draws is "Whimsy!" This means that the timing and energy is not right for him to do this reading right now. The Manifestation Deck and his subconscious are laughing at him in this moment for trying to get more information. So he puts the cards away for later.

A couple of hours later, having eaten something and taken a walk, he feels more refreshed. He decides to do another reading. Again he quickly lays out the Presence Cards, getting back into the mood and felt sense of his Manifestation Presence. In that inner space, he shuffles the Synchronicity Cards and begins to deal out six cards again.

This time the first card he draws, in association with the Hallow Cards, is the Power Card, "Physical." This suggests to him that he needs to focus his personal energy into his manifestation through some form of physical activity. Kevin is not regular in his

exercise and has put on weight. He feels he would be more attractive to a woman and more confident in himself if he were more fit and trim. This card supports that conjecture, so he decides to schedule a regular time of running. Exercise, he knows, will heighten his overall energy, which can only help his manifestation project.

Position Two, associated with Incarnation, is filled by the card "Seeing."

Position Three, modifying the Sacred Creative Impulse Card, is "Standing."

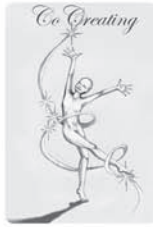
The Coherency Card is modified by the Position Four card, which in this instance is "Engaging."

Position Five, associated with the Synchronicity Creative Impulse Card, turns out to be "Tending."

Position Six, which modifies the whole manifestation project and is on top of the New You card is another Power Card, "Imaginal."

Finally, on Position Seven, he lays "Co-Creating" on top of his Inhabiting card.

On the next page is what Kevin's final layout looks like:



What do all these mean to Kevin?

The “Seeing” card suggests to Kevin that he needs to be more alert, that the energies of incarnation and unfoldment will be best served by his being more observant to what is happening around him, the people he meets, and possible opportunities that come into view.

The “Standing” card in the place of the Sacred suggests that he needs to enhance his sense of self-worth and self-esteem. His capacity to be a force for good, for love, and for blessing in people’s lives depends on his ability to stand in his own power and sovereignty. He feels he needs to honor that he is a sacred being. He wishes a partner who would honor her spiritual side, so he needs to do so as well.

The power of Coherency, of creating wholeness, is enhanced by “Engaging.” To Kevin, this means he needs to be more open, more outgoing, and more active in his life. He knows he has tended to be shy and withdrawn at times. His manifestation will benefit if he can balance his alone times with activities that take him out into the world. Another reason for him to get out running and exercising!

Synchronicity in this layout is benefited by Tending. Synchronicity is the impulse that creates and utilizes connections and resonance. So Kevin sees this as a suggestion that the connections he already has could be tended more mindfully. In fact, as he thinks about this, he realizes that his whole attitude towards making and sustaining relationships could be more mindful and caring. He tends to take friendships for granted. If he neglects the quality of the relationships he already makes, how can he manifest the deeper relationship of marriage?

He looks at Position six, the card that modifies the whole Manifestation Presence Stack. This is the Power Card “Imaginal.” This means he needs to be more imaginative in how he is going living his life and embodying his New You presence. He knows he tends to be a man of habit and routine; he creates ruts and stays in them. He is being encouraged to break out of this pattern. His Manifestation Presence will be served by using his imagination to

think outside his particular box.

Finally, Position Seven is the activity “Co-Creating.” Well, he thinks, this is obvious! He can’t create a relationship all by himself. He needs a partner! But it also means that in inhabiting his Manifestation Presence, one thing he can do is to seek out allies to help him in finding the relationship he wants. Perhaps one of his friends knows a woman he could date. He doesn’t have to do this alone.

A Happy Ending

Call it the romantic in me, but I can’t leave the story of Kevin and Susan unresolved. As it turns out, responding to his synchronicity reading, Kevin calls a friend of his and asks his help in finding a date. His friend says he doesn’t know any available women at the moment but he knows of a park where he exercises. He’s seen a number of lovely women running and exercising there. Perhaps Kevin should give that a try?

Knowing that his reading suggested he get more exercise, he takes his friend up on his suggestion. Every morning he goes running in this park. And to his delight, he discovers there are indeed single women running there as well, who are all attractive in various ways.

As it turns out, Susan, seeking more balance in her life, is also recharging her batteries by running in the same park. Since both of them have been encouraged by their readings to be more alert to what is going on around them, they begin to notice each other. Finally, responding to the “Engaging” activity suggested by his reading and standing in his sense of self-worth, Kevin overcomes his shyness and asks Susan to join him in a cup of coffee after their run. She agrees.

Over coffee, Susan shares her quest to find a new job. To her delight, Kevin’s business is looking for a person with just her skills. Kevin offers to put in a good word for her and arranges an initial interview. Standing in her sense of self and sovereignty,

Susan impresses the interviewer not only with her job skills but with who she is as a person. She is hired. Her manifestation has succeeded!

Now she and Kevin see each other everyday at work, as well as running in the morning. The more he gets to know her, the more Kevin feels she is the woman he has been looking for. The more she gets to know him, Susan is impressed with his willingness to learn and grow and his commitment to having a deep relationship. One thing leads to another, and before many months have gone by, Kevin's manifestation project is complete as well.

Naturally, using their Manifestation Decks, they live happily ever after!

A Final Word

The Manifestation Deck is very versatile. It was designed to aid you in working with the process of manifestation and shaping your life. But particularly with the Presence Deck, the concepts and images are even more universal. You could use them in a variety of ways that have nothing to do with manifestation.

For example, the Hallow Cards can be used all by themselves just as a meditation to attune to your sovereignty and Presence. The Creative Impulse cards can be used to attune to these great Impulses within the cosmos. The other cards can also be used as images for meditation. You should look upon all these images and cards, in both decks, as tools for you to use and play with. Experiment with them. Have fun with them. They're not just for manifestation!

About the Lorian Association

The Lorian Association is a not-for-profit educational organization. Its work is to help people bring the joy, healing, and blessing of their personal spirituality into their everyday lives. This spirituality unfolds out of their unique lives and relationships to Spirit, by whatever name or in whatever form that Spirit is recognized.

The Association offers several avenues for spiritual learning, development and participation. Besides publishing this and other books, it has available a full range of face-to-face and online workshops and classes. It also has long-term training programs for those interested in deepening into their unique, sovereign Self and Spirit.

Further information about Manifestation and help using the Manifestation Deck is available through the Lorian Association.

For more information, go to www.lorian.org, write to: The Lorian Association, P.O. Box 1368, Issaquah, WA 98027 or email info@lorian.org.

ISBN 0-936878-12-6 \$25.00



